

## Department of Psychology

Program objective of the BA program psychology major. To equip the students knowledge and basic idea and working of the human brain and behavior. The different papers allows the students an insight of the various fields that exist in psychology as a discipline. Psychology is the scientific study of behavior and mental processes. It encompasses a diversity of specializations including: clinical, child developmental, gerontology, learning, social, motivation, physiological, research methods and industrial/organizational behaviour.

### **BA 1st Semester (major )**

#### **New course**

Paper 1.1        Basic Psychological Processes

1.To introduce students to the basic concepts of the field of psychology with an emphasis on application of psychology in everyday life. This brings understanding of themselves and others.

Paper :1.2        Abnormal Psychology

1.To understand the fundamental concept of normal and abnormal individual . It gives them a better understanding of mental disorders,behaviour problem ,suicide, alcoholism and drug addiction. It makes them aware of the consequences and how to prevent an individual with such addiction and disorders.

#### **2<sup>nd</sup> semester (major )**

Paper 2.1        Psychopathology

This paper will enhance their skills of thought and make them quite sound in knowing about different types of disorders in a true sense.

Paper 2.2        Introduction To Development Psychology

This paper qualifies our students for better understanding of the whole developmental stage of human being.It will make them well equipped with all types of changes going through ones life time: physical, social, emotional, cognitive etc and how to accept these changes in a healthier manner.

#### **3<sup>rd</sup> Semester (major )**

Paper 3.1        Experimental psychology –I

This paper is an incentive to understand individual life in contemporary society. It makes them aware of certain scientific methods to answer their probable questions in their curious mind and behaviour.

Paper 3.2        Positive Psychology

This is a new paper which will inculcate our students to achieve and seek positivity towards every sphere of life's negative experience . Positive psychology is a new revolution in the field of psychology that emphasises on human strengths rather the weaknesses.

#### **4<sup>th</sup> Semester (major )**

Paper 4.1 Health Psychology

This paper proposes with new outcome of mental and physical exposure of life issues/problems and therefore it will enhance them with better understanding to see things from a very basic/ground level. They therefore be better equipped in designing their life in a more healthier way .

Paper 4.2        Experimental Psychology –II

This paper is the root of psychophysical systems. It emphasises on the scientific processes of measurements of human sensations and their interpretations and perceptions.

#### **5<sup>th</sup> Semester (major )**

Paper 5.1        Statistics in Psychology

This paper makes the student to understand the basic concept of statistics and also will enhance them to learn how this can be applied in the field of Psychological enquiry.

Paper 5.2 Applied Psychology

This paper is about human relations with other organisational sectors and discusses the individual differences that can be used to enhance productivity in an organization and other related factors.

Paper 5.3 Social Psychology

This paper will highlight all the societal knots of life. It gives a complete understanding of all the societal attributes/ and its impact to individual and group as a whole.

Paper 5.4 Environmental Psychology

This paper enhances and defines a holistic approach of the environment, its perception, cognition and habituation. It gives an emphasis on the improvement strategies of the environment but with a new outlook.

Paper 5.5 Project/small study/field visit

This paper enhances the students to apply all the psychological knowledge in understanding people by visiting different sectors like old age homes, some disabled homes, factory visit, hospitals, training centres, marketing area, etc.

Paper 5.6 Practical

This paper will qualify them with psychological experiments which is an important part of the subject.

Paper 6.1 Research Methodology

It gives a better vision of scientific approach of research methods used in psychological application. It gives a proper insight of all necessary problems that come in the way of research findings and the scientific procedure to conduct a social science research.

Paper 6.2 Psychological and Social issues

It helps the students to understand social issues with a better insight to resolve it with certain psychological approach. It makes them aware of all mental and physical health issues of children, women and elderly.

Paper 6.3 Psychological Assessment

This paper helps our students to understand all different types of assessment techniques and tools which will enhance their skills of psychological enquiry and psychometrics.

Paper 6.4 Counselling psychology

This paper helps to enhance their inner skills and potential of healing themselves and also others. It will be able to recognise techniques used in a more deeper manner.

Paper 6.5 Dissertation /Project

This paper will give a detailed idea of how to conduct a scientific research paper and it enhances them to qualify in a new field of psychological enquiry. This paper is very helpful as it allows the students an understanding of scientific research.

Paper 6.6 Practical

## B.A. General Course

### Semester 1: Introduction to Psychology

Implementation of this program would help the students gain preliminary insight into the subject matter- its fundamentals and help in concept building. Also, these topics would also enable them to formulate and comprehend the basics for further complex literature of the subject matter.

### Semester 2: Basic Psychological Processes

This packed chapters, contextually enables ones with ideas and perspective in assessing its effectiveness in diverse multidisciplinary settings.

### Semester 3: Introduction to Developmental Psychology

It creates effective observational skills to analyse, identify, interpret and substantiate different developmental components in a human life span and also builds social views to critically examine and participate in understanding and articulating human developmental processes.

### Semester 4: Introduction to Abnormal Psychology

It is an applied field with basic introductory viewpoint on complex abnormal behaviour. This paper will boost and facilitate further higher application in clinical research.

### Semester 5: Introduction to Experimental Psychology

This paper help create, select and apply appropriate techniques, resources and modern day experimental predictions to commit and take up professional research responsibilities.

### Semester 6: Applied Psychology

It effectively comprehends the multiple applications in various applied fields and this paper is effective in documenting Psychology as an independent social science's.

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